

**Cindy Grisdela**  
**Contemporary Art Quilts**  
**Reston, VA**

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**Improv Intro – Blocks, Stripes and Curves Supply List**

Finished size: 30" w x 38" h

12 fat quarters in colors you like together. Remember to include a range of values--lights, mediums and darks--in your choices. You may also use scraps if you like, but you'll need at least 7" x 9" rectangles.

¼ yd of two border fabrics (you'll also use some of this for your Angled Stripes)

Sewing machine in good working order

Rotary cutter and mat

Rulers—suggest 6" x 12" and a longer one to straighten border strips

Scissors or thread snips

Neutral thread

Pins

Batting or flannel to use as a "design wall"

\*Optional but helpful—*Artful Improv: Explore Color Recipes, Building Blocks & Free Motion Quilting* by Cindy Grisdela

Note: I've used solids for my quilt, but you can use prints or a combination of prints and solids if you choose. The solids give very distinct lines to the design, while prints will probably result in lines that are blurred a little.