



Instructions on How to Make Mission Items*

CLOTH BAGS— to pack medicines when we give them to the patients. I use half a fat quarter, about 9 x 20 or 10 x 18, depending on which way you cut; exact size does not matter.

- Fold it in half and seam it into a rectangle about 8 x 10. Fold over the top edge and stitch. Sew a piece of ribbon to the seam side about 1 inch below the top to use as a tie. (or you can make a drawstring if you are ambitious.) Any fabric is ok, though I do try to avoid Halloween and Santa Claus. Smaller bags are fine, too. The medicines are in little zip lock bags, so they are not too bulky.

WASH CLOTHS—We see a lot of people with eye irritation, and eye drops are expensive. We use these cloths with instructions about bathing eyes with warm salt water to help with the irritation and dust.

- Cut t-shirt fabric into squares, I usually do 8 ½" or 6 ½" because I can just cut around a ruler. Serge or zigzag the edges together. I usually use scraps from T-shirt quilts, so the sizes depend on space available. I avoid hard printed areas and thick seams.

GLASSES CASES—Cases about 3-3 ½ inches wide and about 7" long seem to fit most glasses.

- I have used two layers of cotton with a layer of batting, or one layer of cotton and a lining of flannel.

- This is a pattern for using up the edges of batting and backing fabric from trimming a finished quilt.
- Cut outer fabric and batting about 4 by 15 inches. Round off all the corners slightly. Cut two pieces of lining fabric, both 8" by 4". Round off one end of each piece, and then turn under one of the bottom edges ¼ inch.
- Layer the pieces: Batting, then outer fabric right side up, then the lining piece with the fold, right side down, then the other lining piece, right side down. (Line up the rounded ends, linings will overlap.)
- Sew completely around the outside edge with a ¼" seam. Trim the seam allowance slightly if desired.
- Turn the case inside out through the gap in the lining pieces. Sew the gap together with a single line of machine stitching across the case.
- Fold the case in half and stitch the long sides together, stopping just before the curve. Be sure to anchor the top stitches well.
- There are other case patterns on line, this just works well for me because it makes use of the odd long bits of batting.

* **This is a good way to get involved with community service for the guild. Contact Becky Preston for any questions.**