

## **HOLLY SQUARE Refined Free-motion Full-day Workshop** **An original design by Joanie Zeier Poole**

In the tradition of the great wholecloth quilts, transform a solid piece of fabric into a work of beauty using my graceful Holly Square design created especially for this class. Focus on refined free-motion techniques, using the basic elements of Heirloom Machine Quilting: curvilinear motifs, grids, and stippling. Class includes information on essential supplies, machine set-up, marking, basting, navigating the design, plus time to begin stitching this beautiful project. You are ready for this class if you at least have had some previous machine quilting experience and have a strong desire to learn.

### **Practice Sandwich**

Two pieces of muslin, 18" X18" (or any light colored solid fabric)  
18" X 18" piece of batting, 80/20 blend, or Legacy Wool batting by Pellon  
(Baste layers with only 10 pins)

### **Project Sandwich**

2/3 yd. of ivory or light gold solid or almost solid fabric  
(Cut a 22" square and reserve the remaining piece for the binding)  
22" X 22" backing fabric for quilt,  
20" X 20" piece of batting, prefer 100% Wool

Prior to class: pre-wash, use spray starch to stabilize top and backing fabric,  
**mark the design** and pin-baste the layers with about 25 small pins.

### **Other Supplies:**

Lightweight (match top fabric) or Invisible thread  
(100 wt. Silk by YLI, 60 wt. Bottom Line by Superior Threads  
or 60/2 cotton)  
Sewing machine with the extension table or slide-on tray, smallest  
free-motion foot and/or darning foot, walking foot if you own  
one, cords, foot pedal, extra **empty** bobbin, and owner's manual.  
Sewing machine needles, size 70 Microtex (sharp)  
Water-soluble marking pen  
35 small safety pins or small (1 1/4") straight pins  
Masking Tape (use at home for holding the layers during basting)  
Any spray starch  
EZsnips or small scissors

\*Bring your **BEST** cleaned and oiled sewing machine in good working order. You will benefit from practicing with the lightweight and invisible threads before class.

**I would be happy to answer any questions you may have via email.**

Joanie Zeier Poole  
heirloomquilts@hotmail.com  
www.heirloomquiltingdesigns.com